

Milk comes from supermarkets

doesn't it?



Organic milk naturally contains much more omega-3 fatty acid.



My farmer has to think about what is right for me and you and all the other creatures on this farm



Omega-3 fatty acid is good for our hearts, joints, healthy growth and strong bones and teeth.

There are no GM products in my cattle feed



No artificial pesticides are used on the pastures that I graze



I'm only given antibiotics if I'm actually ill



My calf is fed proper milk, not powdered milk



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